Chenrezig Puja

The Meditation and Recitation on The Great Compassionate One, benefitting infinite sentient beings

**Refuge and Bodhicitta (3X)**

SANG GYE CHO DANG TSOK KYI CHOK NAM LA

Until I reach enlightenment, I take refuge in the Budha

JANG CHUB BAR DU DAG NI KYAB SU CHI

in the Dharma, and the noble Sangha

DAG GI JIN SOK GYE PE SO NAM GYI

Through the merit of accomplishing the six perfections

DRO LA PAN CHIR SANG GYE DRUB PAR SHOK

may I achieve awakening for the benefit of all sentient beings

(3X)

**Visualisation**

DAK SOK KA KYAP SEM CHEN GYI

On the crown of myself and all beings present throughout space,

CHI TSUK PE KAR DA WAY TENG

on a moon and white lotus

HRI LE PAK CHOK CHEN RE ZIG

Is a HRIH from which Chenrezik arises,

KAR SAL O ZER NGA DEN TRO

radiating clear white light suffused with five colors

DZE DZUM TUK JE CHEN GYI ZIK

His eyes gaze in compassion and his smile is loving
Of his four arms, the first two are joined in a prayer
and the lower two hold a crystal rosary and white lotus.
He is arrayed in silks and jewel ornaments.
He wears an upper robe of doeskin
and his head ornament is Amitabha, Buddha of Boundless Light.
His two feet are in vajra posture
A stainless moon is his backrest.
He is the essential nature of all those in whom we take refuge
Homage to Chenrezik (3X)
Lord, not touched by any fault, white in color
whose head a perfect buddha crowns,
gazing compassionately on all beings, to you
Chenrezik, I prostrate.
(3X)
Visualisation of the world as Dewachen
DE TAR TSE CHIK SOL TAP PE
By having prayed like this one-pointedly
PHAK PAY KU LE O ZER TRO
light radiating from noble Chenrezik
MA DAK LE NANG TRUL SHE JANG
purify the appearance of delusion.
CHI NO DE WA CHEN GYI ZHING.
The outer world of the environment becomes the pureland of bliss.
NANG CHU KYE DRO LU NGAK SEM
The body speech and mind of all beings, the inner world
CHEN RE ZIG WANG KU SUNG TUK.
become the Body, speech and mind of Chenrezik.
NANG DRAK RIK TONG YER MEH GYUR.
All appearance, sound and awareness are inseparable from emptiness.
OM MA NI PE ME HUNG

Completion
DAK ZHEN LU NANG PHAK PAY KU
The bodies of myself and others appear in the form of Chenrezik
DRA DRAK YI GE DRUK PAY YANG
all sound is the melody of his six-syllable mantra
DREN TOK YE SHE CHEN POI LONG.
all remembrance and thought is the great expanse of primordial wisdom.

Dedication of Merit
GE WA DI YI NYUR DU DAW
Through virtue of this practice,
CHEN RE ZIK WANG DRUP GYUR NE  
may I swiftly achieve the level of powerful Chenrezik
DRO WA CHIK KYANG MA LU PA  
On this same level may I place then
DE YI SA LA GO PAR SHOK  
every being, not one left behind.
DI TAR GOM DE GYI PAY SO NAM KYI  
With all the merit of this meditation and repetition
DAK DANG DAK LA DRAL TOK DRO WA KUN  
may I and every being to whom I am connected,
MI TSANG LU DL BOR WA GYUR MA TAK  
as soon as these imperfect bodies are left behind
DE WA CHEN DU DZU TE KYE WAR SHOK.  
to be born miraculously in the pureland of bliss.
KYE MA TAK TU SA CHU RAP DRO NE  
Immediately after taking birth there may we pass through
TRUL PE CHOK CHUR ZHEN DON JE PAR SHOK.  
the ten levels and fill the ten directions with emanations to benefit of others.

**Short Dewachen Prayer**
E MA HO NGO TSHAR SANG GYE NANG WA TA YE DANG  
E MA HO Marvellous Buddha Making Boundless Light (Amitabha)
YE SU JO WO TUK JE CHEN PO DONG  
Lord of Great Compassion (Chenrezik) on his right
YON DU SEM PA TU CHEN TOP NAM LA  
On your left the Satva with Great Power (Vajrapani)
SANG GYE JANG SEM PAK ME KOR GYI KOR
Countless Buddhas, Bodhisattvas all round
DE KYI NGO TSAR PAK TU ME PA YI
There is marvelous countless happiness
   DE WA CHEN ZHE JA WAY ZHING KAM DER
in the pure land that's called Dewachen.
   DAK ZHEN DI NE TSE PO GYUR MA TAK
Then when I and others pass, may we
   KYE WA ZHEN GYI BAR MA CHO PA RU
swiftly cut of all other births
   DE RU KE NE NANG TAY ZHEL TONG SHOK
Born there we will see Amitabha's face.
   DE KE DAK GI MON LAM TAP PA DI
Now I chant this aspiration prayer
   CHOK CHUY SANG GYE JANG SEM TAM CHE KYI
Bodhisattvas, Buddhas on ten sides
   GEK ME DRUP PAR JIN GYI LAB TU SOL
Bless us to gain this free of obstacles.
   TA YA TA PEN TSA DRI YA A WA BO DA NA YE SO HA
Tadyatha Pantsa Driya Awa Bodhanaya Svaha

**Dedication Prayer for Rebirth in Dewachen**

CHO DU JALWA SECHE GONG
All victorious ones and your sons
TSO NYI TSOK LA JE RI RANG
throughout time and space,
DAGI DUSUM GAY SAKPA
please think of me.
Rejoicing in the completion of the two accumulations, I offer

whatever virtue I have gathered in the three times
to the Three Jewels. I Pray that the Buddha's teachings may spread, and dedicate all virtue to

all beings that they may achieve Buddhahood.

Uniting all the roots of virtue, may they ripen in our being

and may the two observations be purified

and the accumulations completed. May we live long and may

our realisation increase. May we achieve the ten Bodhisattva levels in this life

and as soon as we pass away may we take rebirth in Dewachen.

There, may we be born in an open lotus and achieve Buddhahood in that same body.

After Enlightenment, may we emanate to guide all beings.